

May 2017

St. Patrick's School

LUNCH



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Subway Day

1

Turkey and Ham Subs
Veggie Bar
Chips
Fruit / Milk

Tuesday

Grandma's Chicken

2

Krispy Chicken Tenders
Broccoli / Cheese Sauce
Cauliflower / Bread
Fruit / Milk

Wednesday

Chicken Teriyaki

3

Rice / Bread
Sauteed Vegetables
Veggie Bar
Fruit / Milk

Thursday

Sloppy Joes / Bun

4

French Fries
Baked Beans
Fruit / Milk

Friday

Chef Salad Day

5

Diced Ham or Chicken
Cottage Cheese/ Bread
Veggie Bar / Fiesta Salad
Fruit / Milk

Cheesy Masticolli

8

Veggie Bar
Fruit
Milk

Mr. Wilke Special

9

Ham
Hash Brown Patty
Baked Beans
Fruit / Milk

Chicken Patties

10

Bread or Bun
French Fries
Sauteed Vegetables
Fruit / Milk

Mac & Cheese

11

Green Beans
Squash
Bread / Fruit / Milk

Taco Bar

12

Hard or Soft Shells
Spanish Rice
Veggie Bar
Fruit / Milk

Oriental Day

15

Orange Chicken
Rice / Veggie Bar
Bread / Fruit / Milk

Pork Roast / Gravy

16

Mashed Potatoes
Baked Beans
Fruit / Bread / Milk

Chicken Ala King

17

Biscuits
Veggie Bar
Fruit / Milk

Kid's Favorite

18

Salisbury Steak / Gravy
Mashed Potatoes
Green Beans / Fruit
Bread

Pizza Casserole

19

Bread
Veggie Bar
Fruit / Milk

Taco Spaghetti

22

Veggie Bar
Bread
Fruit / Milk

BBQ Pork Sandwich

23

French Fries
Baked Beans
Pickles
Fruit / Milk

Pizza Dippers

24

Sauce
Veggie Bar
Fruit / Milk

Cook's Choice

24

Chicken Drumsticks
Mini Corn Dogs/ Corn
Fish Fillets/ CousCous
Bread / Fruit / Milk

Picnic

26

Hamburgers/Brats/
Hotdogs/ Buns/ Chips
Coleslaw/ Dill Pickles
Melon / Baked Beans/Milk

29



30



31

