



BREAKFAST

# OCTOBER 2024

Saint Patrick School

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Sausage/Egg/Cheese  
On an English Muffin  
Or Uncrustable

Yogurt/Granola

Banana Bread  
Or Uncrustable

Long John w/ Icing  
Or Uncrustable

Yogurt/Granola

Strawberry Parfait  
(Yogurt/Granola/  
Strawberries)  
Or Uncrustable

Toast, Bagel or  
English Muffin  
Or Uncrustable

Yogurt/Granola

Sausage/Egg/Cheese  
On a Bagel  
Or Uncrustable

Yogurt/Granola

Muffin  
Or Uncrustable

Pancakes  
w/ Syrup  
Or Uncrustable

Yogurt/Granola

Breakfast Pizza  
Or Uncrustable

Yogurt/Granola

Toast, Bagel or  
English Muffin  
Or Uncrustable

Yogurt/Granola

Sausage/Egg/Cheese  
On an English Muffin  
Or Uncrustable

Yogurt/Granola

Chocolate Chip  
Oatmeal Bar  
Or Uncrustable

French Toast Sticks  
Or Uncrustable

Yogurt/Granola

**NO  
SCHOOL**

Toast, Bagel or  
English Muffin  
Or Uncrustable

Yogurt/Granola

Sausage/Egg/Cheese  
On a Bagel  
Or Uncrustable

Yogurt/Granola

Pumpkin Bread  
Or Uncrustable

Yogurt/Granola

Pancake  
On a Stick  
Or Uncrustable

Breakfast Bites  
(Potato/Sau-  
sage/Egg/Cheese)  
Or Uncrustable  
Yogurt/Granola

Toast, Bagel or  
English Muffin  
Or Uncrustable

Yogurt/Granola

Sausage/Egg/Cheese  
On an English Muffin  
Or Uncrustable

Yogurt/Granola

Mini Cinnamon  
Donuts  
Or Uncrustable

Pancakes  
w/ Syrup  
Or Uncrustable

Yogurt/Granola



[Enter Additional Info]

## Monday



## Tuesday

## Wednesday

## Thursday

## Friday

Chicken Fajita **1**  
 WG Soft Shell  
 Sautéed Onion/Pepper  
 Lettuce/Tomato/Cheese  
 Salsa/Sour Cream

Pulled Pork **2**  
 WG Bun  
 Fries

French Toast Sticks **3**  
 Sausage Links  
 Hash Browns  
 Warm Cinnamon Apples

Grilled Cheese **4**  
 Tomato Soup

Rotini Noodles **7**  
 Spaghetti Sauce  
 Mozzarella Cheese  
 Breadstick  
 Green Beans

Cheese Quesadilla **8**  
 Salsa/Sour Cream  
 Corn

Chicken Nuggets **9**  
 Tater Tots

Pizza Dippers **10**  
 w/ Marinara Sauce  
 Carrots

Grandparent's Day **11**  
 Roast Pork  
 Mashed Potatoes  
 Stuffing/Green Beans  
 Fruit/Dessert

Hamburger **14**  
 WG Bun  
 Green Beans  
 Dill Pickle Spear

Chicken **15**  
 On Flatbread  
 Lettuce/Tomato/Cheese

Lunch Meat **16**  
 On a Bun  
 (Build your Sandwich)  
 Lettuce/Tomato/Cheese

Macaroni **17**  
 And Cheese  
 Broccoli

**NO** **18**  
**School**

Hot Dog **21**  
 WG Bun  
 Baked Beans  
 WG Doritos

Hard Shell Tacos **22**  
 w/ Ground Beef  
 Lettuce/Tomato/Cheese  
 Refried Beans

Chicken Patty **23**  
 WG Bun  
 Tater Tots

Meatloaf **24**  
 Mashed Potatoes  
 Green Beans  
 WG Bread

Chicken **25**  
 Alfredo Sauce  
 Noodles  
 Broccoli

Sloppy Joe **28**  
 (Manwich)  
 WG Bun  
 Sweet Potato Fries

Nacho Bar **29**  
 Beef/Cheese Sauce  
 Lettuce/Tomato/Cheese  
 Salsa/Sour Cream

Calzones **30**  
 w/ Marinara  
 Cauliflower

Popcorn Chicken **31**  
 Mashed Potatoes  
 w/ Gravy  
 Corn

